

Why is it called “Free2Succeed”?

- ♦ **Free from the physical environment**—“I’m out of prison, now what am I going to do?”
- ♦ **Free the mind**—“What are the possibilities? I have the freedom to think for myself and act on those thoughts. What are they going to be?”
- ♦ **Free the community**—to offer support to the individual during the transition and reintegration into society.

IDOC Mission

Our **MISSION** is to create a model correctional system that provides equitable access to programming and opportunities that reflect a community experience, foster connections and restore victims of crime.

Mentoring = IDOC Mission... How??

- ♦ **Reflect a Community Experience** by strengthening a returning citizen’s community which could be culture, heritage, physical location, church, family, or a pro-social group of friends. Communities can be people who share the same interests or passions.
- ♦ **Foster Connections** by providing connections with pro-social individuals and groups; encouraging accountability, trust, and positive relationships; connecting individuals with needed community resources.
- ♦ **Restore Victims of Crime** by helping individuals realize they are also a victim of their crime and they can move on and live a more productive and crime-free existence in the community.

Hope
CHANGES EVERYTHING

Success
isn't just what you
Accomplish
in your life, it's about what you
Inspire
others to do

It's so easy to be part of the
IDOC Mentoring Program

Email us at:

mentoring@idoc.idaho.gov



**Request a
Mentor**



**Apply to be
a Mentor**



**Idaho
Department
of Correction**



**@Free2Suc-
ceedIdaho**



**Community Mentor
Program**



Mentor Roles and Responsibilities

- ◆ Maintain confidentiality
- ◆ Commitment to program
- ◆ Act as a role model
- ◆ Support, encourage, and teach
- ◆ Motivate and demonstrate
- ◆ Identify opportunities for growth and progress
- ◆ Provide information and guidance
- ◆ Develop partnerships and working relationships

Mentee Roles and Responsibilities

- ◆ Commitment to the mentorship
- ◆ Maintain confidentiality
- ◆ Set realistic goals
- ◆ Meet conditions of release
- ◆ Commit to learn, grow, and succeed
- ◆ Be active and engaged in the mentorship
- ◆ Accept new challenges
- ◆ Accept responsibilities
- ◆ Maintain consistent contact with mentor and Probation/Parole Officer

What Can Mentoring Provide

- ◆ Safer communities
- ◆ Support system
- ◆ Training and education
- ◆ Informal counseling to succeed
- ◆ Positive relationships
- ◆ Opportunities for growth
- ◆ Life coaching
- ◆ Skills building
- ◆ Modeling the way forward
- ◆ Empowering others to act
- ◆ Increasing personal and professional networks

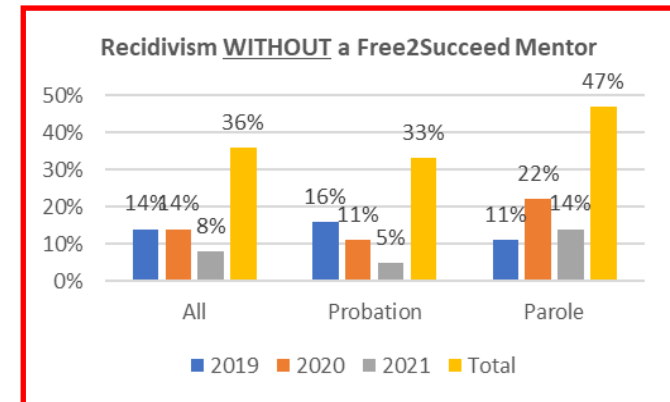
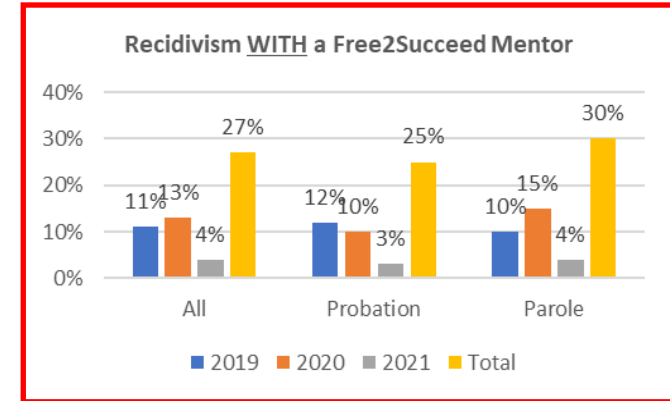


How Do I Start Mentoring?

Your church or other community organization may already have a mentoring program in place that is affiliated with the Free2Succeed program. You may mentor with or without an organization. Either way, we ask that you:

- ◆ Be at least 25 years old.
- ◆ Fill out a simple, on-line application found on the IDOC website.
- ◆ Attend mentor training and orientation as soon as possible. Training schedule may be found on the website.
- ◆ Wait to be matched with an incarcerated resident or client who is currently on supervision.
- ◆ Be prepared to help change a life!

Free2Succeed Results



Recidivism in Idaho is defined as an individual returning to incarceration (prison) within 3 years after release.

Is Mentoring Effective?

Someone being matched and engaging with a Free2succeed mentor during their supervision in the community has a significant effect in the reduction of recidivism and likelihood of returning to prison. IT WORKS!!

