

### IDOC Food Service Menu 6.9 - Mainline

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Breakfast</b>	Bran flakes Biscuits Country gravy Hash browns Sugar Milk	Oatmeal PB Pancakes Syrup Margarine Sugar Milk	Farina French toast Margarine Sugar Milk Syrup	Oatmeal Coffee cake Scrambled Eggs Sugar Milk Margarine	Farina Pumpkin Bread Margarine Sugar Milk No-pork sausage	Oatmeal Banana Pancakes Sugar Milk Syrup Margarine	Bran Flakes Breakfast Hash Bread Margarine Sugar Milk
<b>Snack</b>	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
<b>Lunch</b>	Muffin or cereal bar Sunflower Seeds	Turkey Salad Bread Tortilla Chips Cookie	Peanut butter Jelly Bread Veggie sticks Potato Chips	Ham salad Bread Tortilla Chips Bar cookie	Peanut butter Jelly Bread Veggie sticks Potato Chips	Deli Meat Bread Mayo/mustard Tortilla chips Cookie	Peanut butter Jelly Bread
<b>Dinner Week 1</b>	<b>DAY 1</b> Spaghetti sauce Noodles Tossed salad Vinaigrette Bread Margarine Cream pie w/fruit	<b>DAY 2</b> Mac & Cheese/ham Peas/carrots Bread Margarine Fruit Gelatin	<b>DAY 3</b> Beans Tossed salad Vinaigrette Bread Margarine Fruit crisp Appetizer item	<b>DAY 4</b> Fish portion Bun Mayonnaise Hash brown patty Cole slaw w/carrots Fruit Ketchup Lettuce	<b>DAY 5</b> Beef Burrito Salsa Mexican rice Corn Pudding Lettuce/tomato/onion	<b>DAY 6</b> Pizza Tossed salad Vinaigrette Fruit Cake or Brownie	<b>DAY 7</b> Hamburger patty Bun Lettuce/tomato/onion Ketchup Mustard Hash brown patty Green beans Fruit Cake or Brownie
<b>Dinner Week 2</b>	<b>DAY 8</b> Roast beef Mashed potato Peas Bread Margarine Pumpkin cr. pie Fruit Gravy	<b>DAY 9</b> Chili Cornbread Margarine Tossed salad Vinaigrette Fruit	<b>DAY 10</b> Beef pepper patty Carrots Bread Margarine Fruit Mashed potatoes Gravy Gelatin	<b>DAY 11</b> BBQ Chicken Hash brown patty Mixed veggies Applesauce Ketchup Cake or Brownie Bun	<b>DAY 12</b> Franks Bun Fruit Mustard/ketchup Onions Baked Beans Veggie sticks/Ranch Relish	<b>DAY 13</b> Ham/cheese pkt Rice Pilaf 3-bean salad Fruit Cake or Brownie	<b>DAY 14</b> Lasagna Spinach Tossed salad Vinaigrette Bread Margarine Ice cream
<b>Dinner Week 3</b>	<b>DAY 15</b> Chicken patty Noodles Mixed veggies Bread Margarine Iced choc. cake Tomato sauce Cheese	<b>DAY 16</b> Beef Tacos Lettuce/tomato/onion Salsa Cake or Brownie Beans	<b>DAY 17</b> Scalloped Potatoes/ham Bread Broccoli Fruit Crisp Margarine	<b>DAY 18</b> Taco Macaroni Bread Margarine Green beans Applesauce Cake or Brownie	<b>DAY 19</b> Beef Burrito Corn Salsa Mexican rice Pudding Lettuce/tomato/onion Banana	<b>DAY 20</b> Turkey ala King Broccoli Biscuits Margarine Fruit Cake or Brownie	<b>DAY 21</b> Meatloaf Parsley potato Tossed salad Vinaigrette Bread Margarine Fruit Iced cake
<b>Dinner Week 4</b>	<b>DAY 22</b> Pizza Tossed salad Vinaigrette Choc. cream pie Fruit	<b>DAY 23</b> Chili macaroni Carrots Bread Margarine Fruit Cake or Brownie	<b>DAY 24</b> Cheese ravioli Spinach Bread Margarine Fruit Spaghetti sauce	<b>DAY 25</b> Goulash Cornbread Margarine Peas Fruit Gelatin Egg noodles	<b>DAY 26</b> Hamburger Patty Hash brown patty Cole slaw w/carrots Ketchup Ice cream Lettuce/tomato/onion Bun Mustard	<b>DAY 27</b> Chicken patty Bun Lettuce Mayo/mustard 3-bean salad Pineapple Cheese Ham Cake or Brownie	<b>DAY 28</b> Diced Chicken Steamed rice Carrots Pineapple slaw Bread Margarine Lemon pie Teriyaki Sauce