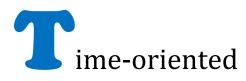
S.M.A.R.T. GOALS

Smart









What *exactly* do I want to do?

How will I *track* my progress?

Is this *realistic* for me? Do I have what I need to make it possible?

Why am I doing this? Does it *matter* to me?

When will I have this completed?